



Mulled Pears with Juniper Berries

4 firm pears
2/3 cup red wine
2/3 cup fresh orange juice
¼ cup dark brown sugar
4 juniper berries, crushed

Either peel the pears whole, leaving the stalks intact, or peel, core and quarter them.

Mix the red wine, orange juice, brown sugar and juniper berries together in a saucepan. Bring to simmering point.

Add the pears and simmer, uncovered for 15 minutes or 25 minutes if the pears are whole. Turn and baste from time to time.